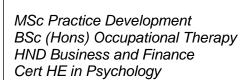
MY LEADERSHIP JOURNEY





Allied Health Professions Workforce Lead Health Education England, Yorkshire & North East Region

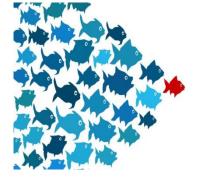






My current roles

- Supporting Health Education England and the associated strategic transformation partnership/ Integrated Care Systems (ICS/STPs) to understand the AHP workforce. This involves advising on AHP workforce supply, upskilling, new ways of working, new roles and leadership.
- Programme development, commissioning and management to support the health and social care system transformation.
- Working with the national AHP team in HEE on national programmes and aligning work with AHP work streams in ALBs (Arms Length Bodies)



My leadership skills

- Promoting equality
- Enabling distributed leadership recognising all individuals are integral to the organisation and its success
- Systems leadership
- Collaboration, spotting and nurturing talent



Attributes and behaviours

- Leading by example
- Listening and responding
- Intelligent kindness

Where my leadership has made an impact

Through connecting people and ideas and channelling this into solutions

MY LEADERSHIP JOURNEY

My key pivotal moments

Pivotal moment 7 & 8

2000 Co-produced (with psychology) and inpatient activity approach LEO course (Leading Empowered Organisations) help me understand that leadership can exist at every level

<u>Pivota</u>l moments 11 - 14

2005 MSc in Practice Development 2007 Pioneering an occupational therapy and fire

Appointment to Head of Occupational 2010 Therapy in a mental health trust

2010 Adoption of multiple AHPs, becoming Trust **AHP lead and Head of Occupational Therapy** Maintaining a clinical role during my leadership journey- informed my roles



Pivotal moments 1 - 6

- Becoming interested in psychology and human behaviour on my business and finance course
- Realising my natural preference was to enable through mental health support worker roles
- **Occupational therapy assistant** role and exposure to transformational power of occupational assessment and interventions

Qualification and 1999 registration as an occupational therapist

2000 First occupational therapy post in mental health inpatient services in Manchester

2000 **Promotion to Band 6 with** increased supervision responsibility

Pivotal moment 9 & 10

2001 New role as Band 7 occupational therapy team leader in mental health mastering management of a team and the complexity of communication

2002 New role as occupational therapy professional lead for inpatient mental health and community living services, starting to consider the bigger picture and exposure to organisational politics

Pivotal moments 15-19

- Becoming a quality improvement associate with AQUA (advancing Quality Alliance) 10 days a year secondment.
- Becoming a CQC specialist advisor over 4 years, 5 days at a time whilst AHP lead - understanding how services are inspected and translating learning to improve services.

2017 Appointment to AHP workforce lead for HEE (Health Education England) in the North West, exposure to multiple systems, distributed leadership, multiple stakeholders

Co-opted seat on RCOT English Board - better understanding of RCOT

2019 Appointed to AHP workforce lead for HEE in Yorkshire and **North East**

2019 Secured a seat on the RCOT **English Board**

Royal College of Occupational **Therapists**

